

**Spring/Summer Food Collection –2023**  
**The Living Bread Food Pantry**  
A Mission of the Plainville United Methodist Church  
16 East Bacon Street Plainville, MA

*Items we are in greater need of right now are highlighted in **BOLD**.*

**BREAKFAST ITEMS** Cold Cereals – esp low or no sugar added. Breakfast Bars, Cereal Bars, Granola Bars.

**LUNCH ITEMS** Lrg and Small Peanut Butter, Jellies and Jams, Marshmallow Fluff, Canned Tuna, Canned Chicken, Spaghetti O's - esp w/ Meatballs or Franks, Canned Beef Ravioli and Beef-a-Roni, Canned Chili, Beef/Chicken Stew, Hearty Soups especially with Beans.

**BEVERAGES** Canned Coffee, **Non-refrigerated Juices** – family sz bottles. **Non-refrigerated Parmalat Milk** (in the canned milk aisle) family sz cartons and individual “juice box” sizes – White or Chocolate. Lemonade drink mixes.

**FRUIT** - **Canned fruits all packed in 100% Juice and Applesauce (including No-Sugar added).**

**CONDIMENTS** Mayo, Mustard, Ketchup, Relish, Pickles, **BBQ Sauce.** Salad Dressings – especially Ranch and Italian.

**SNACKS** Graham Crackers, All varieties of Crackers. Healthy Fruit Snacks & Trail mixes, dried fruits and nuts. Pudding Mixes, Jello Mixes. Chips, Pretzels, Popcorn, etc.

**SUPPER ITEMS** **Boxed Mac-n-Cheese, Hamburger Helper** (for Ground Beef, Chicken or Tuna), **Pasta and Sauces including alfredo sauce, Pasta Salad Kits, Baked Beans, Sloppy Joe Sauce, Taco Kits, Boxed Instant Potatoes & Mixes (Mashed, Cheesy, Scalloped, etc), Rice – sm bx or pouches of white/brown. Rice mixes such as: Pilaf, Spanish, etc., Canned Veggies – all types.**

**ALL TOILETRIES** - such as bars of bath soap, shampoo & hair conditioner, feminine hygiene products, toothpaste & toothbrushes, deodorant for men & women, disposable razors, shaving cream, Q-tips, lip balm, hand & body lotions, Gold Bond powders.

**HOUSEHOLD ITEMS** such as liquid dish soap (for washing dishes), dishwasher detergents, paper towels, 2-ply toilet paper, laundry detergent, dryer sheets, kitchen sponges, tissues.

**MONETARY DONATIONS** are greatly appreciated to help us buy food from the Greater Boston Food Bank at pennies on the dollar, stretching your donations.

**Make Checks payable to: Living Bread Food Pantry**

**Mail to:** PUMC, 16 E. Bacon St., Plainville, MA 02762, ATTENTION: *LB Food Pantry.*

**Or drop off:** to the Spring Street door on M & W 9am – 12noon and FRI 9am – 1pm.

*The Living Bread Food Pantry helps to feed over 50 families every week, year 'round.  
Your support is strongly needed and greatly appreciated. Thank you for feeding the hungry in our community.*