The Parish Friend

A Newsletter of the Plainville United Methodist Church

July - August 2022

"The church at the heart of the community with the community at heart."

FROM THE PASTOR

Please plan to attend church on August 21, when our District Superintendent Rev. Megan Stowe will be our guest preacher. (Pastor Stuart will be away on vacation from August 16-24.) Also, Karen Westerfield Tucker will be our guest pianist August 14.

Jesus came to show us that the light and love of God is here for everyone. As followers of Christ, we have the same message. God gives us the power we need to accomplish that purpose. We all have the power to change someone's life for the better. You could be a living reminder of God's forgiveness to someone burdened with guilt. You could offer friendship to someone who is lonely. You could offer an open mind to someone with ideas that are different from yours. You know someone who needs these gifts. If they don't receive them from you, and if they don't receive them when they come to church where will they find them?

Pastor Stuart

CHURCH "SIDEWALK SWINGER" SIGN

Help is needed to set up the Sidewalk Swinger sign which advertises our suppers out on the front lawn at the church. Once a month (only about 7x per year) you will need to set up the letters on the sign and put it outside in



front of the church. Not usually needed June – September. More than one person can volunteer. Please let Becca Simon know if you are interested in helping with the sign. Please call Becca before August 1st at 508-643-1238. After August 15th, call the Church office for more information.

Plainville United Methodist Church 16 East Bacon Street, Plainville, MA 02762 www.plainvilleumc.net plainvilleumc@verizon.net Phone: 508-695-9587

Worship on Sundays at 9:00am

Rev. Stuart Tucker, Pastor Steve Haunschild, Pianist Kathy Trowbridge, Secretary

CHURCH SUPPERS TO-GO

Our Church Suppers will return in the Fall. To lend a hand, please contact Donna Brown or the church office.



CHURCH MEETINGS

TRUSTEES meet at 7:00pm in the Cate Room on Tuesdays, July 12th and August 9th.

CHURCH COUNCIL meets in the Cate Room at 7:15pm on Mondays, July 18th and August 15th.

CRAFT MEETINGS

Hi Folks! This year's annual Church Fair will be held on **Friday, November 4**th **from 11 to 7pm.** Clean-up will be on Saturday, November 5th starting at 9am.

The Fair committee is losing our long time Co-chair, Becca Simon. We will miss Becca and Tom as they start their next adventure in California. They will be missed! Nancy Richardson has volunteered to step into the Co-chair role. The Fair needs YOU. Please volunteer to help with the success of the Annual Church Fair. Your time and hard work are definitely needed.

In the month of October we will have a freezer available at the Church for baked goods for the Church Fair. If you can bake for the Fair, that would be wonderful!

Please contact Nancy or myself with any questions, comments, or to volunteer.

The next Fair meeting is Monday August 1st at 7pm at the Church to continue planning for the 2022 Fair.

Sincerely, Jill Seaberg

FROM THE CHURCH OFFICE

The Church Office will be closed August 1st through 14th for Summer vacation. If you have a Pastoral emergency or are in need of other urgent assistance during this time, please call the church office and leave a message. The messages will be checked frequently and you will receive a return call as soon as possible. Happy Summer!

The Deadline to submit news and information for the Sept/Oct issue of *The Parish Friend* is 12noon on Friday, 08/24/22.



THR LIVING BREAD FOOD PANTRY

has continued to be very busy possibly due to grocery costs rising due to inflation. Unfortunately, we are not receiving the amount of donations that we received during the height of the

Pandemic. Currently, we are in need of just about everything. Summer months are the leanest for receiving food, Gift Cards and monetary donations.

Your help is needed and appreciated by all the Plainville families and seniors we help to feed each week.

A list of food donation ideas is enclosed with this newsletter. You can also check out the church website at Plainvilleumc@verizon.net under "Food Pantry Donation Suggestions". There you'll find a list created by the YMCA of healthy foods that are needed by pantries.

HELP NEEDED The Pantry can use an extra volunteer on Sunday mornings from 10 a.m. until 11 a.m. On Sunday mornings, they set up approximately thirty bags of nonperishable foods and also move these bags into Bowmar Hall so they are ready to go for Wednesday nights. Help is also needed on the first and third Wednesday of the month to help distribute food to our clients. The volunteers come in at 4:30 p.m. and leave around 7:00 p.m. They set up our bags of frozen and refrigerated foods, hand out bags to clients, and clean up afterwards. This may involve lifting bags and working in the cold during the winter (there is an outdoor heater and volunteers may also go inside whenever possible if it is too cold outside).

HOW YOU CAN HELP In July and August, bring in extra vegetables from your garden. **PLEASE NOTE - We can only accept perishable foods on Wednesdays — between 8:30 am — 10:30am is preferred, however, our Church Secretary is in the office until 12 Noon and pantry volunteers are back in the pantry around 4:30pm. Please don't leave fresh produce, anything requiring refrigeration or freezing in the Pantry shed out in the parking lot.

FOR MONETARY OR GIFT CARD DONATIONS

Kathy, our Church Secretary is in the office on Monday, Wednesday & Friday from 9:00 a.m. until 12 Noon. Please use the Spring Street door which is closest to the office when making a monetary or Gift Card donation. If you would like to mail a check, please write it out to "Living Bread Food Pantry" and send it to the Plainville United Methodist Church, 16 East Bacon Street, Plainville, MA 02762. The Pantry has a PayPal Account on the church website at www.PlainvilleUMC.net. You may also donate to the Pantry using PayPal. If you have any questions regarding the Pantry, feel free to call the church office at 508-695-9587.

GBFB FOOD DELIVERY Help is Needed the 2nd Wednesday of each month, year 'round, to help us unload the truck from the Greater Boston Food Bank – right here in our parking lot. The truck arrives around 12:30pm. We have dolly carts to help unload and get the foods into the pantry. This takes an hour or less most times to do. Feel free to bring a friend, teenager or neighbor with you to lend a hand. Please call Becca Simon at 508-643-1238 if you can lend a hand.

Next Dates – July 13th and August 10th.

support throughout the year. We couldn't feed people without your continued and generous support.

Thank you to all our hard-working volunteers who are faithful to their work at the pantry.

It takes many hands, many types of donations and lots of time to keep our pantry running. Together, donors and volunteers, we are making sure that no one in Plainville ever goes hungry.

THANK YOU! Thanks so much for all your donations and

PANTRY UPDATE

I am excited to announce that Sherri Minch and Bethany Cloutier will be the new Co-Coordinators of the Living Bread Food Pantry. Sherri and family have lived in Plainville for 18 years and she is actively involved in the Medway Community Church. Sherri has an engineering background. She will be an excellent organizer to keep the pantry running efficiently. Bethany has belonged to our church for several years and will be a great liaison between Sherri, pantry volunteers, and the church. I have decided to retire as Pantry Coordinator on August 1st after 28 years. Running the Pantry has kept me a little busy at times but has also been a very fulfilling and rewarding position. I have met and worked with many wonderful, dedicated volunteers over the years. I am sure these volunteers will keep our pantry running smoothly in the future. I have also had the opportunity to meet with many Plainville residents who have faithfully given food, held drives, and donated monetarily to the Pantry. It has been a pleasure working, planning, organizing and joking around with everyone who has helped the Pantry including my very faithful church family. We have all worked together to accomplish our goal to make sure that no one in Plainville goes hungry. I will also miss all our pantry clients who have needed our support. It has been heartwarming to give to people who truly appreciate the donations we have been able to give to them. I will miss every one of you but the time has come to move on to be around my family in California. Thank you all for all the love, support, and prayers over the years.

Faithfully, Becca Simon, Coordinator

Summer Food Collection –2022 The Living Bread Food Pantry 16 East Bacon Street Plainville, MA

Items we are in greater need of right now are highlighted in **BOLD**.

<u>BREAKFAST ITEMS</u> Breakfast Bars/Cookies, Cold Cereal, Cereal Bars, Granola Bars, Carnation Instant Breakfast (packets), Ensure or Glucerna Shakes. *GLUTEN FREE COLD CEREALS* are always needed & welcome.

<u>LUNCH ITEMS</u> Peanut Butter, Jellies and Jams, Marshmallow Fluff, Canned Tuna, Canned Chicken, Spaghetti O's - esp w/ Meatballs, Canned Ravioli and Beef-a-Roni, Canned Chili, Hearty Soups especially with Beans.

<u>BEVERAGES</u> Canned Coffee, Lemonade Mix (powdered), Iced Tea Mix: non-sweetened, sweetened and sugar-free. Non-refrigerated Juices – family sz bottles and individual juice boxes. Non-refrigerated Parmalat Milk (in the canned milk aisle) family sz cartons and individual "juice box" sizes – White or Chocolate.

<u>FRUIT</u> - all packed in 100% Juice Individual Fruit cups, Canned fruit, Applesauce (including No-Sugar added) – jars and individual cups. Dried Fruits and Real Fruit Leathers.

<u>CONDIMENTS</u> Mayo, Mustard, Ketchup, Relish, Olives, Pickles, BBQ Sauce, Teryaki Sauce. Salad Dressings – especially Ranch and Italian.

<u>SNACKS</u> Little Debbie's Snacks, Graham Crackers, Cookies, Microwave popcorn, Cheeze-It Crackers, Ritz Crackers, Wheat Thins, Triscuits, Goldfish Crackers, etc., **Healthy Fruit Snacks & Trail mixes, dried fruits.** *GLUTEN FREE SNACKS, CRACKERS & COOKIES* are greatly appreciated. Individually bagged, and Family Sized = Chips, Pretzels, Popcorn, etc., Pudding Mixes and individual cups (*non-refrigerated*), Jello Mixes and individual cups (*non-refrigerated*).

<u>SUPPER ITEMS</u> Boxed Mac-n-Cheese, Hamburger Helper (for Ground Beef, Chicken or Tuna), Pasta and Sauces including alfredo sauce, Pasta Salad Kits, Baked Beans, Sloppy Joe Sauce, Taco Kits, Boxed Instant Potatoes & Mixes (Cheesy, Scalloped, etc), Rice – white/brown, Rice mixes such as: Rice Pilaf, Zatterain's mixes, Uncle Ben's mixes - in boxes or pouches, etc.

Especially need Canned Veggies – all types

<u>ALL TOILETRIES ARE NEEDED</u> - such as bars of bath soap, shampoo & hair conditioner, feminine hygiene products, toothpaste & toothbrushes, deodorant for men & women, disposable razors, shaving cream, Q-tips, lip balm, hand & body lotions, Gold Bond powders.

<u>Household items</u> such as liquid dish soap (for washing dishes), dishwasher detergents, paper towels, 2-ply toilet paper, laundry detergent, dryer sheets, kitchen sponges, tissues.

Monetary donations are greatly appreciated to help us buy food from the Greater Boston Food bank at pennies on the dollar, stretching your donations.

Mail checks to the church at 16 E. Bacon St., Plainville, MA 02762, ATTENTION: Pantry. **Or drop off** to the Spring Street door on M & W 9am – 12noon and FRI 9am – 1pm.

The Living Bread Food Pantry helps to feed over 50 families <u>every week</u>, <u>year 'round</u>. Your support is strongly needed and greatly appreciated. Thank you for feeding the hungry in our community.