

The Parish Friend

A Newsletter of the Plainville United Methodist Church

May - June 2022

"The church at the heart of the community with the community at heart."

FROM THE PASTOR

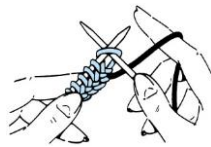
The Meaning of Easter

I went on a tour of the Holy Land years ago. Our flight left New York early in the evening. With some difficulty I managed to sleep some of the way only to be awakened by a disturbance in the cabin. People were moving to back of the cabin. They were all the Orthodox Jewish men on board. "What's wrong with these people," I thought. "It's three o'clock in the blessed morning." Then I noticed the windows. Honey colored light was streaming into the cabin. It was time for morning prayers. Looking out I could see we were over land, but it was too dark to make out any details. The sun had not yet risen on the land below, but our plane had raced ahead and above to meet the brilliant dawn.

Every Sunday we celebrate Easter. We remember the resurrection of our Lord. We do so even at times when personal struggles and current events cast a dark shadow over us. But remembering Christ's victory over sin and death has the power to elevate us above and beyond this current darkness.

Pastor Stuart

CRAFT MEETINGS will be held on Monday, May 2nd and June 6th at 7:00pm in the Cate Room and will continue to meet the 1st Monday night of each month. All are welcome. Craft ideas for items to make and sell at the Annual Country Fair are needed. Contact Jill Benker-Seaberg at 508 699 0591 for more information.



CHURCH SUPPERS TO-GO

May 14, 2022

Oven Roasted Chicken

All Suppers include dessert.
\$12.00 ea.

No dine in – Take out only. Pick up curbside in the church parking lot between 4:30-5:30pm.
MUST pre-order by 12Noon the Thursday prior to the supper date by calling 508 695 9587 or by email to plainvilleumc@verizon.net



CHURCH MEETINGS

TRUSTEES meet at 7:00pm in the Cate Room on Tuesdays, May 10th and June 14th.

CHURCH COUNCIL meets in the Cate Room at 7:15pm on Mondays, May 16th and June 20th.

CHURCH "SIDEWALK SWINGER" SIGN

Help is needed to set up the Sidewalk Swinger sign which advertises our suppers out on the front lawn at the church. Once a month (only about 7x per year) you will need to set up the letters on the sign and put it outside in front of the church. Not usually needed June – September. More than one person can volunteer. Please let Becca Simon know if you are interested in helping with the sign. Please call Becca at 508-643-1238.



FROM THE LIVING BREAD FOOD PANTRY



LOOKING FOR VOLUNTEERS

The Living Bread Food Pantry has continued to be very busy possibly due to grocery costs rising due to inflation. Unfortunately, we are not receiving the amount of donations that we received during the Pandemic. Currently, we are in need of just about everything. A list of food donation ideas is at the bottom of the newsletter. You can also check out the church website at Plainvilleumc@verizon.net under "Food Pantry Donation Suggestions". This is a list created

The Deadline to submit news and information for the July/August issue of *The Parish Friend* is 12noon on Friday, 06/24/22.

Plainville United Methodist Church
16 East Bacon Street, Plainville, MA 02762
www.plainvilleumc.net plainvilleumc@verizon.net
Phone: 508-695-9587

Worship on Sundays at 9:00am

Rev. Stuart Tucker, Pastor

Steve Haunschild, Pianist Kathy Trowbridge – Secretary

by the YMCA of healthy foods that are needed by pantries. During the summer, we can also use extra fruits and vegetables from your garden. We can only take perishable food on Wednesdays since that is the only evening we hand out food to our clients. You can bring fresh vegetables in from 8:30 a.m. until 12 Noon or drop off just before Pantry starts at 4:30 p.m. Please do not leave perishable donations in the donation shed since it might not be picked up on the same day.

During Easter, the Pantry was able to hand out hams and gift cards which made everyone very happy. We have been receiving day old foods from stores around the area which has been a great help to supply meats, breads, desserts, and vegetables. Every Wednesday, we have volunteers go out in trucks to pick up from Walmart, Target, Entenmann's Bakery, Panera Bread, Cumberland Farms and Trader Joes. We could use one more volunteer on Wednesday mornings who is able to lift items to help us move around boxes of food from 8:30 a.m. until 10:30 a.m.

STAMP OUT HUNGER

The Post Office will be collecting food from your mailbox on Saturday, May 14th. You should receive a notecard from the Post Office giving details about donating. Please watch your mailbox! Simply fill up a bag with nonperishable foods and place by your mailbox on May 14th; your mail delivery person will collect the bag. If your bag does not get picked up, please bring to our donation shed in the parking lot.

PLANNING AHEAD...

The Pantry is planning to hand out gift bags for upcoming holidays. For Mother's Day, we plan to hand out perfumes and moisturizers. For Father's Day, we plan to hand out soaps, moisturizers, and shaving items. On Memorial Day, we plan to hand out gift bags of items you would use to barbeque such as barbeque sauce, ketchup, mustard and pickles. Feel free to donate any of these items so we will be prepared to make up our gift bags. Just drop off in the donation shed in the parking lot near the door to Bowmar Hall.

EMPTY CALORIES FILL CUPBOARDS

Please check out this link which is located on the church website by going to "Living Bread Food Pantry" under "Empty Calories Fill Cupboard Program": <https://sites.google.com/westwood.k12.ma.us/emptycaloriesfillcupboardsprog/home>. This website was created by Lilly Luskin for her senior year project at King Philip High School to help encourage people to purchase healthier donation choices. Unfortunately, most nonperishable foods do contain a lot of fats, calories, and sodium. This program helps you to become more aware of the purchases you make for your own family and for donation purposes. Feel free to sign up to "TAKE ACTION".

ANNUAL PANTRY MEETING

We held our annual Pantry meeting March 22nd with a good turnout of approximately twenty volunteers attending. Becca Simon will be retiring - after being Coordinator for 28 years - on August 1st. It would be great to have a new Coordinator take over but until that time, it will be best to set up Teams with one to two coordinators to cover all the aspects of running the Pantry. Several teams have been created to cover Statistics, Shopping, Food Safety & Inspections, Jesus Fund, Wednesday Morning Set Up, Wednesday Evening Pantry Nights, Greater Boston Food Bank Communication, Scheduling Volunteers, Donations/Food Drives and Facebook. We may need someone to field messages from our Church Secretary and to be a liaison between the Pantry and the Church Council. It does take several helping hands to keep the Pantry running. If you are interested in volunteering, please contact Becca by leaving a message with Kathy Trowbridge at 508-695-9587.

FOR MONETARY OR GIFT CARD DONATIONS

Kathy, our Church Secretary is in the office on Monday, Wednesday & Friday from 9:00 a.m. until 12 Noon. Please use the Spring Street door which is closest to the office when making a monetary or Gift Card donation. If you would like to mail a check, please write it out to "Living Bread Food Pantry" and send it to the Plainville United Methodist Church, 16 East Bacon Street, Plainville, MA 02762. The Pantry has a PayPal Account on the church website at www.PlainvilleUMC.net. You may also donate to the Pantry using PayPal. If you have any questions regarding the Pantry, feel free to call the church office at 508-695-9587.

GBFB FOOD DELIVERY Help is Needed the 2nd

Wednesday of each month, year 'round, to help us unload the truck from the Greater Boston Food Bank – right here in our parking lot. The truck arrives around 12:30pm. We have dolly carts to help unload and get the foods into the pantry. This takes an hour or less most times to do. Feel free to bring a friend, teenager or neighbor with you to lend a hand. Please call Becca Simon at 508-643-1238 if you can lend a hand.

Next Dates – May 11 and June 8.

THANK YOU!

Thanks so much for all your donations and support. We couldn't feed people without your continued and generous support. Thank you to all our hard-working volunteers who are faithful to their work at the pantry. It takes many hands to keep our pantry running. Together, donors and volunteers, we are making sure that no one in Plainville ever goes hungry.

Faithfully,

Becca Simon, Pantry Coordinator

Spring/Summer Food Collection –2022

The Living Bread Food Pantry

16 East Bacon Street Plainville, MA

*Items we are in greater need of right now are highlighted in **BOLD**.*

BREAKFAST ITEMS Breakfast Bars/Cookies, Cereal Bars, Granola Bars, **Carnation Instant Breakfast (packets)**, Ensure or Glucerna Shakes. **GLUTEN FREE COLD CEREALS** are always welcome.

LUNCH ITEMS Peanut Butter, Jellies and Jams, Marshmallow Fluff, Canned Tuna, Canned Chicken, Spaghetti O's - esp w/ Meatballs, Canned Ravioli and Beef-a-Roni, Canned Chili, Hearty Soups especially with Beans.

BEVERAGES Canned Coffee, Lemonade Mix (powdered), Iced Tea Mix : non- sweetened, sweetened and sugar-free. **Non-refrigerated Juices – family sz bottles and individual juice boxes. Non-refrigerated Parmalat Milk (in the canned milk aisle) family sz cartons and individual “juice box” sizes – White or Chocolate.**

FRUIT - all packed in 100% Juice Individual Fruit cups, Canned fruit, Applesauce (including No-Sugar added) – jars and individual cups. **Dried Fruits and Real Fruit Leathers.**

CONDIMENTS Mayo, Mustard, Ketchup, Relish, Olives, Pickles, BBQ Sauce, Teryaki Sauce. Salad Dressings – especially Ranch and Italian.

SNACKS Little Debbie's Snacks, Graham Crackers, Cookies, Microwave popcorn, Cheeze-It Crackers, Ritz Crackers, Wheat Thins, Triscuits, Goldfish Crackers, etc., **Healthy Fruit Snacks & Trail mixes, dried fruits. GLUTEN FREE SNACKS, CRACKERS & COOKIES** are greatly appreciated. Individually bagged, and Family Sized = Chips, Pretzels, Popcorn, etc., Pudding Mixes and individual cups (*non-refrigerated*), Jello Mixes and individual cups (*non-refrigerated*).

SUPPER ITEMS **Boxed Mac-n-Cheese, Hamburger Helper** (for Ground Beef, Chicken or Tuna), Pasta and **Sauces including alfredo sauce**, Pasta Salad Kits, **Baked Beans**, Sloppy Joe Sauce, Taco Kits, **Boxed Instant Potatoes & Mixes (Cheesy, Scalloped, etc)**, **Rice – white/brown, Rice mixes such as: Rice Pilaf, Zatterain's mixes, Uncle Ben's mixes - in boxes or pouches, etc.**

*****Especially need Canned Veggies – all types*****

ALL TOILETRIES ARE NEEDED - such as bars of bath soap, shampoo & hair conditioner, feminine hygiene products, toothpaste & toothbrushes, deodorant for men & women, disposable razors, shaving cream, Q-tips, lip balm, hand & body lotions, Gold Bond powders.

Household items such as liquid dish soap (for washing dishes), dishwasher detergents, paper towels, 2-ply toilet paper, laundry detergent, dryer sheets, kitchen sponges, tissues.

Monetary donations are greatly appreciated to help us buy food from the Greater Boston Food bank at pennies on the dollar, stretching your donations.

Mail checks to the church at 16 E. Bacon St., Plainville, MA 02762, ATTENTION: Pantry.

Or drop off to the Spring Street door on M & W 9am – 12noon and FRI 9am – 1pm.

The Living Bread Food Pantry helps to feed over 50 families every week, year 'round.

Your support is strongly needed and greatly appreciated. Thank you for feeding the hungry in our community.