

Summer Food Collection -2021
To benefit The Living Bread Food Pantry
16 East Bacon Street Plainville, MA

Suggested Items to donate include:

BREAKFAST ITEMS

Breakfast Bars, Cereal Bars, Granola Bars, Carnation Instant Breakfast (packets), Ensure or Glucerna Shakes.

****PLEASE NOTE: We have plenty of cold cereals for now**** Cold cereals – low sugar such as Cheerios, Raisin Bran, Chex, Kix, Corn Flakes, Wheaties, Rice Krispies, etc.,

LUNCH ITEMS

Peanut Butter, Jellies and Jams, Marshmallow Fluff, Canned Tuna, Canned Chicken, Spaghetti O's, Canned Ravioli and Beef-a-Roni, Chili.

BEVERAGES

Canned Coffee, Lemonade Mix (powdered), Iced Tea Mix : non- sweetened, sweetened and sugar-free. Kool Aid drink mix: non- sweetened and sweetened. Non-refrigerated Juices – family sz bottles and individual juice boxes.

Non-refrigerated Parmalat Milk (in the canned milk aisle) family sz cartons and individual “juice box” sizes – White or Chocolate.

FRUIT - all packed in 100% Juice

Individual Fruit cups, Canned fruit, Applesauce – jars and individual cups.

CONDIMENTS

Mayo, Mustard, Ketchup, Relish, Olives, Pickles, BBQ Sauce, Teryaki Sauce.

Salad Dressings – especially Ranch and Italian.

SNACKS

Little Debbie's Snacks, Graham Crackers, Cookies, Microwave popcorn, Cheeze-It Crackers, Ritz Crackers, Wheat Thins, Triscuits, Goldfish Crackers, etc., Healthy Fruit Snacks & Trail mixes Individually bagged, and Family Sized = Chips, Pretzels, Popcorn, etc., Pudding Mixes and individual cups (*non-refrigerated*), Jello Mixes and individual cups (*non-refrigerated*).

SUPPER ITEMS

Boxed Mac-n-Cheese, Hamburger Helper (for Ground Beef, Chicken or Tuna), Pasta and Sauces including alfredo sauce, Pasta Salad Kits, Baked Beans, Sloppy Joe Sauce, Taco Kits, Boxed Instant Potatoes & Mixes (Cheesy, Scalloped, etc), Rice – white/brown, Rice mixes such as: Rice Pilaf, Zatterain's mixes, Uncle Ben's mixes, etc.

***FRESH FRUITS & VEGGIES** - Fresh fruits and vegetables from your gardens (*or if you find a great sale at the stores!*) are most welcome. Fresh produce is always in great need and is the most difficult to obtain.

*Please aim to drop off Fresh produce on **Wednesdays – between 8:30am – 10am, if possible.**

The Living Bread Food Pantry helps to feed over 60 families every week, year 'round.

Your support is strongly needed this summer and greatly appreciated.

Thank you for feeding the hungry in our community this Summer.